

USATF 2023 Age Divisions

| Age Division | Year of Birth |
|--------------|---------------|
| 8 & under | 2015+* |
| 9-10 | 2013 – 2014 |
| 11-12 | 2011 – 2012 |
| 13-14 | 2009 – 2010 |
| 15-16 | 2007 – 2008 |
| 17-18 | 2005 – 2006** |

*Athletes must be at least 7 years of age on December 31 of the current year to compete at the Junior Olympics National Championship.

**Athletes who are still 18 through the final day of the USATF National Junior Olympics are eligible to compete in the 17-18 age group.